

## Dental Insurers Approved by the Iowa Insurance Division



As of 3/26/2026 the following companies are selling individual dental insurance in Iowa.

Company Name	Contact #	Website
Aetna*	(800) 264-4000	aetnaseniorproducts.com/
Ameritas Life Insurance Corporation	(855) 728-7542	myplan.ameritas.com
AmFirst Insurance Company	(877) 759-5762	mwgdirect.com
Best Life & Health Insurance Company	(800) 237-8543	bestlife.com/ia/
Delta Dental of Iowa	(800) 544-0718	deltadentalia.com
Golden Rule Insurance Company	(888) 631-3694	uhone.com
Humana Insurance Company	(866) 205-0000	humana.com
ManhattanLife Insurance and Annuity Company*	(888) 441-0770	manhattanlife.com
MedMutual Protect*	(800) 654-9106	medmutualprotect.com
Mutual of Omaha Insurance Company	(800) 228-7104	mutualofomaha.com
Physicians Mutual Insurance Company*	(800) 228-9100	physiciansmutual.com
Renaissance Life & Health Insurance Company	(888) 791-5995	renaissancebenefits.com
TruAssure Insurance Company	(888) 559-0781	truassure.com
UnitedHealthcare	(844) 556-0893	uhone.com

\* Only combination Dental and Vision plans available.